प्रेषक,

निदेशक, माध्यमिक शिक्षा उत्तराखण्ड, देहरादून।

सेवा में,

समस्त मुख्य शिक्षा अधिकारी, उत्तराखण्ड।

पत्रांक / विविध / 1699२० / विभिन्न पत्र(02) / 2025–26, दिनांक– ०) मई, 2025 विषय– <u>सतयुग दर्शन ट्रस्ट द्वारा विद्यालयों में 11<sup>th</sup> Humanity Olympiad, Spiritual Eloquence</u> <u>Oratory Contest & Spiritual Echoes Poetry Recitation Contest (April-September</u> <u>2025) आयोजन के सम्बन्ध म</u>ें ।

महोदय,

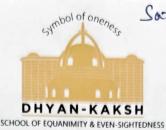
उपर्युक्त विषयक सतयुग दर्शन ट्रस्ट वसुंधरा, भोपानी—लालपुर रोड, ग्रेटर फरीदाबाद, हरियाणा—121002 के अदिनांकित संलग्न पत्र विद्यालयों (कक्षा 5—12) में 11<sup>th</sup> Humanity Olympiad, Spiritual Eloquence Oratory Contest & Spiritual Echoes Poetry Recitation Contest (April-September 2025) आयोजन हेतु निदेशालय को प्राप्त हुआ है।

अतः सतयुग दर्शन ट्रस्ट के उक्त सन्दर्भित पत्र की छायाप्रति समस्त संग्लनकों सहित अग्रेत्तर कार्यवाही हेतु आपको प्रेषित है। संलग्नक– यथोपरि। Digitally signed by MUKUL KUMAR SATI

Digitally signed by MUKUL KUMAR SATI Date: 01-05-2025 ਮਕदीय 16:44:05

(डॉ० मुकुल कुमार सती) निदेशक माध्यमिक शिक्षा उत्तराखण्ड। पृ०स०–विविध / **|६९९२०** / विभिन्न पत्र(०२) / २०२५–२६, दिनांक– उक्तवत्। <u>प्रतिलिपि</u>– निम्नांकित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित– 1. सतयुग दर्शन ट्रस्ट वसुंधरा, भोपानी–लालपुर रोड, ग्रेटर फरीदाबाद, हरियाणा–121002

निदेशक माध्यमिक शिक्षा उत्तराखण्ड।



g drsham APIZ

**To** The Director, Department of Education, Uttarakhand

Subject: Request for Permission to Conduct the 11th Humanity Olympiad, Spiritual Eloquence Oratory Contest & Spiritual Echoes Poetry Recitation Contest in All Schools of Uttarakhand (April–September 2025)

#### Respected Sir/Madam,

India has long guided the world in both material knowledge and spiritual wisdom. To continue this legacy and strengthen the moral fabric of our youth, the School of Equanimity and Even-Sightedness (Dhyan-Kaksh) under Satyug Darshan Trust is pleased to propose the following free-of-cost programs for students (Class 5–12) under the theme "Value Your Virtues":

#### 1. 11th Humanity Olympiad

- An innovative exam to foster human values—contentment, endurance, truthfulness, and righteousness—through engaging activities and multiple-choice questions.
- 2. Spiritual Eloquence: Open Oratory Contest
  - A platform to articulate moral and spiritual themes at city, state (virtual), and national levels, promoting self-introspection and public speaking skills.
- 3. Spiritual Echoes: Open Poetry Recitation Contest
  - Structured similarly at city, state (virtual), and national levels, this contest invites poetic reflection on unity, compassion, and cultural heritage, reinforcing societal well-being.

#### Timeline

- Commencement: 15th April 2025
- Interim Rounds & City/State Events: Dates on our website.
- Finale & Prize Distribution: 7th September 2025 (World Equanimity Day) at Satyug Darshan Vasundhara, Faridabad.

#### How to Participate:

- 1. Visit our website at www.dhyankaksh.org
- 2. Click on the program you wish to participate in
- 3. Enter your details (for Spiritual Echoes and Eloquence, the school will upload the best entries)
- 4. Win exciting prizes!



Under the aegis of Satyug Darshan Trust (Regd.) Satyug Darshan Vasundhara, Bhopani-Lalpur Road, Greater Faridabad - 121002 (Haryana) Mobile : +91 8595070695 | Email: contact@dhyankaksh.org | Website: www.dhyankaksh.org



#### Uttarakhand State Previous Year Highlights:

- Winners from Uttarakhand:
  - o Tanishq (Delhi Public School Ranipur, Haridwar) ANKUR category
  - o Shubham Francis (Miet Kumoan, Haldwani) TARUVAR category

#### Key Highlights:

- Open to students of Class 5-12 from all boards, completely free of cost.
- Teachers and principals may also participate via our web portal.
- Total prizes worth INR 5 Lakhs.
- Over the past decade, these initiatives have reached more than 2,500 schools/colleges and 50 lakh individuals nationwide.

In light of the above, we seek your kind permission and support to conduct these events in all schools of Uttarakhand. Your encouragement will significantly contribute to nurturing a generation guided by unity, equanimity, and moral strength.

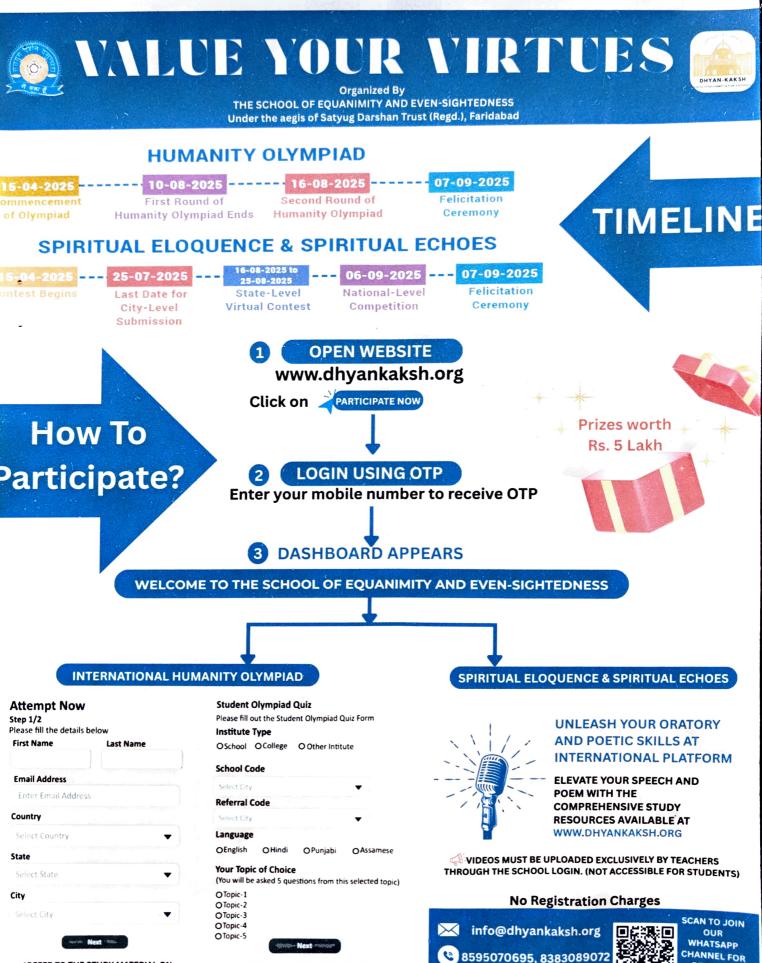
Thank you for your time and cooperation.

#### With warm regards,

Nitin Minocha Trustee, Satyug Darshan Trust (Regd.), Faridabad

#### **Enclosures:**

- 1. Program Brochure
- 2. Previous Permission Letters



**\*REFER TO THE STUDY MATERIAL ON** WW.DHYANKAKSH.ORG TO BOOST YOUR SCORE. SUBMIT THE OLYMPIAD QUIZ & DOWNLOAD CERTIFICATE



REGULAR UPDATES

# Olympiad Sample Paper

### **Important Instructions :-**

- 1) The Test is Based on MCQ Pattern.
- 2) Test Duration is 15 Mins.
- 3) No. of Questions will be 25.
- 4) Marking Scheme:- Right Answer = +4,

Wrong Answer = -1.

- 5) There can be more than one correct answers.
- 6) Passing Percentage = 40%.
- 7) Once the Test is completed, Result and Certificate will be available Immediately.

### महत्वपूर्ण निर्देश

क) अब आपकी परीक्षा देने की समय अवधि आरम्भ होती है। ख) यह परीक्षा बाहुल्य चयन प्रश्नों (MCQ's) पर आधारित है। दिए गए विकल्पों में से एक से अधिक ग) विकल्प भी सही हो सकते हैं। समय सीमा - 15 मिनट है। घ) कुल प्रश्न - 25 हैं। च) अंक आबंटन प्रक्रिया:- +4 अंक छ) प्रत्येक सही उत्तर के लिये दिए जाएंगे तथा 1 अंक प्रत्येक गलत उत्तर के लिये काटा जाएगा। पासिंग प्रतिशत - 40% है। ज) झ) जैसे ही आप अपना टेस्ट पूर्ण कर लेंगे, परिणाम तथा प्रमाण-पत्र तुरन्त ही

प्राप्त हो जायेगा।

No. of Ques. Attempted

### Sample Question No.1 :-

A truthful and righteous person prefers upholding:-



1/25 ) ) 6

🗌 Worldly wealth

4



Physical pleasures



Personal Ego



Morality

E

Morality

in the

Time limit

4 % () 12 mit (1824

Sample Question No. 2 :- Which type of person remains mild, kind and peaceful in all circumstances and never gets angry?



Intelligent person



Smart by appearance



Harsh person



Noble person



Next

they are the

### No. of Ques. Attempted -

### Sample Question No.1 :-

A truthful and righteous person prefers upholding:-

and the second

AS BELLEVIN (MEAN).



 $\rightarrow$ 

Worldly wealth



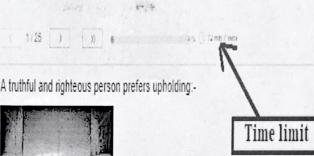
Physical pleasures



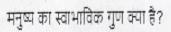
Personal Ego

Morality





Sample Question No.1:-(HINDI)







🗌 वैर - विरोध





असत्य भाषण





## One Question May have More than One Correct Answers.

Sample Question No. 3:- The mind of a person with power of endurance can always remain







calm and serene



in a stable state



1- 1-



Sample Question No. 2 :- Which type of person remains mild, kind and peaceful in all circumstances and never gets angry?

set to com



.

Intelligent person



Smart by appearance



Harsh person

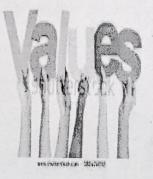


Noble person





Sample Question No 4: Which of the following are examples of moral values of life?











Generosity





330

#### alter active active and an address of

Ster . Royle

### Sample Ques No. 2:-(HINDI)

के अभाव में शरीर व मन विकार ग्रस्त रहता है ।









🗌 भोजन









\*Merit Certificate for all passing Candidates is available immediately after Submitting.



# CERTIFICATE OF MERIT

This certificate is presented to

### Ashish Mehta

for taking the International Humanity Olympiad on July 19, 2018 93.33/100 (93.33%) Humanity Quotient

Jaya Chuja.

Mrs. Joya Ahuja Senior Coordinator Upcoming generation under the influence of contemporary environment is missing on the greatness of human values and this unique Initiative helps develop the same in them

77

Late Shri Milkha Singh, Renowned Sportsperson, also known as the 'Flying Sikh'



## Learn the Science of Inner Dimensions



### Visit us for enlightening online/ offline free workshops School of Equanimity & Even-Sightedness

🔤: info@dhyankaksh.org @:www.dhyankaksh.org ©: 8595070695, 8383089072 \_\_\_\_\_

### Visit our website for detailed guidelines

# Value Your Virtues

## ORGAN IZED BY DHYAN KAKSH

WORLD'S FIRST SCHOOL OF EQUANIMITY AND EVEN-SIGHTEDNESS



### **DHYAN-KAKSH**

The World's First School of Equanimity and Even-Sightedness under the aegis of Satyug Darshan Trust (Read.). Faridabad invites you to participate in its international flagship programs

#### 11th International **Humanity Olympiad**

**Spiritual Eloquence: Open Oratory Contest** 

**Spiritual Echoes: Open Poetry Recitation Contest** 

GURU GOBIND SINGH UNIVERSITY



#### **OUR MISSION**

PUNJAR UNIVERSITY

Inspired by sacred scriptures and guided by the principles of Equanimity and Even-Sightedness. our mission is to cultivate inner peace, creativity, and mindful expression while inspiring compassion, harmony, and moral values. Through these programs, participants gain a unique opportunity to take center stage on the international platform, engage in thoughtful discourse, hone their public speaking skills, and contribute to building a morally upstanding society.

INDIVIDUALS TREES

SAVED

24K

SCHOOLS

2500-

IMPACTED

50L-

STATES

21+

ACHIEVERS

5000

